

Bloomsburg Middle School

# Menus for NOVEMBER 2019

This institution is an equal opportunity provider. Menus are subject to change.



Friday, November 2

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Ham, Egg, Cheese Bagel

**Lunch**

General Tso Chicken over Rice  
and Roll  
Sloppy Joe on Roll  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Cooked Carrots / Fresh Veggies  
Fruit and Milk

## WILD CHILD

The majestic wild turkey is nothing like its barnyard cousin on the Thanksgiving table. The wild ones can run 25 miles an hour and can fly at 50+. They sleep in trees, and the big males have been known to chase off humans who get too close. Wild turkeys prefer to eat nuts, seeds, and berries – but they'll also consume insects, frogs, lizards, and snakes.



ANIMAL APPETITES

Monday, November 4

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
French Toast Sticks

**Lunch**

Corn Dog Nuggets  
Turkey burger on a Bun  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Potato Emojis / Fresh Veggies  
Fruit and Milk

Tuesday, November 5

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Breakfast Pizza

**Brunch for Lunch**

3 French Toast Sticks / 2  
Sausage  
Hot Ham and Cheese Panini  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Tater Tots / Fresh Veggies  
Fruit and Milk

Wed., November 6

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Cinnamon Roll

**Lunch**

Popcorn Chicken Mashed Potato  
Bowl with Roll  
BBQ Rib Sandwich  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Golden Corn / Fresh Veggies  
Fruit and Milk

Thursday, November 7

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Sausage and Cheese Bagel

**Lunch**

Pasta with Meatballs and Garlic  
Bread  
Spicy Chicken Sandwich  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
**Fresh Baked Cookie!**  
Cesar Salad / Fresh Veggies  
Fruit and Milk

Friday, November 8

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Breakfast Burrito

**Lunch**

Four Meal Pizza  
Fish Sandwich  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Baked Beans / Fresh Veggies  
Fruit and Milk

Monday, November 12

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Pizza Bagel

**Lunch**

Salisbury Steak with Roll  
Spicy Chicken Sandwich  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
French Fries / Fresh Veggies  
Fruit and Milk

Tuesday, November 13

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Ham, Egg, Cheese Muffin

**Taco Tuesday - Lunch**

Beef or Chicken Taco  
With Cheese  
(Soft Shells or Chips)  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides: Spanish Rice/ Black Bean  
Salsa/ Lettuce and Tomato  
Fruit and Milk

Wed., November 14

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Mini Waffles

**Breakfast for Lunch**

Pancakes with Sausage and  
Syrup  
Ham and Cheese Bagel  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Tater Tots / Fresh Veggies  
Fruit and Milk

Thursday, November 15

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Pancakes and Sausage

**Lunch**

Chicken Parmesan with Side of  
Pasta and Garlic Bread  
Turkey & Cheese on Pretzel Roll  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Cesar Salad / Fresh Veggies  
Fruit and Milk

Friday, November 16

**Breakfast**

Choice of Juice, Fruit and Milk  
Cold Cereal, Bagels,  
Cinnamon Roll

**Lunch**

French Bread Pizza  
Cheese Steak Hoagie  
PB & J Sandwich  
Salad Bar / Deli Hoagie / Wrap  
Sides:  
Mixed Vegetables / Fresh Veggies  
Fruit and Milk